



COACHES EXCELLENCE PROGRAM

Knowledge and Execution Partners



FREQUENTLY ANSWERED QUESTIONS (FAQs)

PROGRAM DETAILS:

1. **What is Coaches Excellence Programme (CEP)?**

CEP by Olympic Gold Quest (OGQ) is an exclusive 1 year learning and empowerment program for **coaches in Badminton and Shooting**. We are bringing together top coaches and experts from Sports Science, Technology and Soft Skills training areas to empower the next-generation of high performance Indian coaches

Vision: To **empower high performance Indian coaches** by enabling continuous learning and developing a support system.

Mission: **Accelerate development** of Indian coaches who can train athletes to become Olympic champions

2. **What are the advantages of training under CEP?**

Learn how to improve training and performance of your athletes
Learn from top coaches & experts
Get access to best global training practices
Mentoring under senior renowned coaches
Opportunity to train in a high-performance environment

Selected coaches will be provided empowerment tools (education, best global practices, access to sports science and technology) to ensure that they are at par with best global coaches in terms of training requirements. If you want to see yourself as a leading coach in the country, apply to this program.

3. **I am already training national level athletes. Why do I need this program?**

This program will accelerate your journey towards becoming elite coaches of future high-performance athletes. You will learn techniques and skills from top experts who have worked with Olympic medalists to take performance of your athletes to the next level. You will also get access to world class sports science and technology support during the workshops.

4. **Is this program for all sports? Coaches from which sports can apply?**

Currently, the Coaches Excellence Program is extended only to Badminton and Shooting (Air

Rifle and Air Pistol) coaches.

5. **How many coaches will be selected for the program?**

At Olympic Gold Quest, we aim at achieving high quality and providing the best support to our athletes as well as coaches. While the batch size remains of 20, our focus is not on filling seats. Our objective is to bring the best talent together even if we may have to reduce the batch size so that all coaches on board receive superior quality experience.

6. **What are the broad topics that will be covered during 1 year?**

During one year at Coaches Excellence Program, you will be learning from the following topics:



7. **I will not be able to join this year. Can I apply next year?**

Yes. This is an annual program and you can apply next year when the applications open.

8. **What is the commitment required from my side?**

Selected coaches will be required to commit to:

- Travel for at least 10 weeks annually to attend the program
- Engage themselves full time to the coaching role
- Working within OGQ code of ethics

9. **Who all can apply to the program?**

1. Young coaches working with beginners and/or intermediate athletes with long term high performance potential
2. Ex-Olympians/International athletes who have recently started coaching in high performance
3. Coaches who have produced national level athletes and want to improve the performance

Preference will be given to the young coaches who are working in high performance environment

WORKSHOP TIMELINES & DETAILS:

10. **How long is the program?**

The program is spread over **one year** from September 2017 to August 2018.

11. **How many sessions/workshops are there in CEP?**

The CEP program will involve 200+ hours of learning which is divided into classroom and on-court/range training. There will be 6 workshops spread across 1 year in this program.

12. **What is the schedule of every workshop?**

The first workshop is scheduled for last week of September 2017. Second workshop will be in the second week of November 2017. You will be given the next schedule at the start of the program

13. **Where will all the workshops be held?**

The sessions for Coaches Excellence Program will be scheduled in high performance academies across India including cities Pune, Hyderabad and Bangalore.

14. **Do I have to take the workshops in an order?**

Yes, it is mandatory to attend the workshops in an order. The course has been designed in a developmental manner and it is advisable to follow the order.

15. **Do I need to leave my current job/coaching for a year to attend CEP?**

No, you can continue in your current role as this program requires part time commitment. However, we expect at least 10 weeks of your time in next one year to travel and attend this program.

16. **How will this affect my current coaching/job?**

If you commit and dedicate to completing this program as per our expectations then this will accelerate your development as a high-performance coach. The program will enable coaches to not only have an enhanced impact in the short term, but also to become the elite coaches of the future.

17. **What happens if I cannot attend any one of the workshops?**

We highly recommend that you attend every workshop in this program. The sessions will not be repeated during the program. Missing of workshops might lead to you not getting a letter of completion of the program as 90% attendance is mandatory.

TRAINING & INTERNSHIP

18. **Who are your trainers?**

Our trainer list includes:

- Current and former national coaches including Dronacharya Awardees
- Top foreign coaches
- Olympic medallists and top (retired) athletes
- Sports science and medical experts who have worked with Olympic medalists
- Trainers in soft skill, leadership and communication skills

19. **Who are the other partners in the program?**

Olympic Gold Quest has partnered with Prakash Padukone Badminton Academy and Gun For Glory shooting academy for the Coaches Excellence Program as Knowledge and Execution Partners.

20. **What is the duration of the internship?**

4 weeks

21. **Do I need to search for the internship on my own or it will be arranged by OGQ?**

It will be arranged by OGQ in this program. You need to commit 4 weeks to train in a high-performance academy under a senior coach.

22. Can I choose from the OGQ options available for internship?

The internship will be finalized by OGQ.

23. Will I get access to personal mentorship?

Yes. Based on your needs and category of sport you will be appointed to a personal mentor.

24. Are all sessions/workshops going to be in mixed sports groups?

No. While few sessions may be in mixed sports, most of the technical coaching classes will be specific to Badminton and Shooting coaches respectively.

25. How much does the program cost? How is the fees funded?

As our commitment to support the coaching ecosystem this program is **free of cost** for the selected coaches. You have to only bear your travel and stay expenses during the program.

APPLICATION & DATE OF SUBMISSION

26. I am interested. How do I apply for the program?

You can fill out an application form here: <https://ogq.typeform.com/to/snZKj3>

Based on your application, our team will get back to you shortly.

27. Can I fill up the application by hand and send it by post?

Yes. You can fill out the application form by hand and send us via:

- Scan and mail it us on cep@olympicgoldquest.com OR

- Send us a post to our office address:

Olympic Gold Quest,

808, 8th Floor, Tulsiani Chambers,

212 Backbay Reclamation,

Nariman Point, Mumbai 400 021

Last date to submit your application is 25th August 2017

28. I want to invite some more coaches to apply for the program. How can I do that?

You can share the following link, <http://www.olympicgoldquest.in/cep/> with your contacts and ask them to apply directly OR you may write to us on cep@olympicgoldquest.com . We would love to hear from them.

29. What is the last date of submission of application?

The last date of submission of application is 25th August 2017.

30. Whom should I contact to get more details of the program?

You may send us a mail on cep@olympicgoldquest.com. We would love to hear from you.
